

BELLAIRE RELAYS
****TENTATIVE SCHEDULE OF EVENTS****

10:00 AM

FIELD EVENTS – TRIALS AND FINALS

1ST SESSION

Boys – Pole Vault
 Boys – Long Jump
 Girls – High Jump
 Girls – Shot Put
 Boys – Discus

2ND SESSION

Girls– Pole Vault
 Girls – Long Jump
 Boys – High Jump
 Boys – Shot Put
 Girls – Discus

11:00 AM

RUNNING EVENTS

3200m Run	Girls	FINAL
100m High Hurdles	Girls	Semis (6 fastest times to finals)
110m High Hurdles	Boys	Semis (6 fastest times to finals)
100m Dash	Girls	Semis (6 fastest times to finals)
100m Dash	Boys	Semis (6 fastest times to finals)
4 x 800m Relay	Boys	FINAL
200m Dash	Girls	Semis (6 fastest times to finals)
200m Dash	Boys	Semis (6 fastest times to finals)
4 x 800m Relay	Girls	FINAL
Shuttle Hurdle Relay	Girls	FINAL (Run on time)
Shuttle Hurdle Relay	Boys	FINAL (Run on time)

**OPENING CEREMONIES & FINALS WILL BEGIN
 NO LESS THAN 45 MINUTES AFTER THE SHUTTLE HURDLE RELAY**

100m Hurdles/110m Hurdles	Girls then Boys
100m Dash	Girls then Boys
4 x 200m Relay	Girls then Boys
1600m Run	Girls then Boys
4 x 100m Relay	Girls then Boys
400m Dash**	Girls then Boys
300m Low/Intermediate Hurdles**	Girls then Boys
800m Run	Girls then Boys
200m Dash	Girls then Boys
3200m Run	Boys
4 x 400m Relay	Girls then Boys

PRESENTATION OF AWARDS

** The 400m Dash and 300m Hurdles will consist of timed sections (Finals) with the top 6 times placing. The heat order will be slow to fast (i.e. Hot Heat last).